WEST BROOK MIDDLE SCHOOL

CO-CURRICULAR PROGRAM 2022-2023





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INTRODUCTION

The Co-curricular Program is another important aspect of your educational experience at West

Brook Middle School. You'll have opportunities to participate in a variety of activities that extend

what you've been learning in classes, as well as in some new experiences you should enjoy. In

addition, these experiences enable you to work closely with students from other classes and

grades and to work with faculty in a more informal setting.

GENERAL INFORMATION ABOUT CO-CURRICULAR ACTIVITIES

Our club program includes a variety of opportunities for student involvement. This handbook provides

descriptions of each offering along with club advisors. We encourage you to participate in any you find

interesting.

You may join any of the clubs by signing up at the first meeting or Co-Curricular Fair (Grades 5, 6, and

new students), Most activities meet weekly throughout the year, the club advisor will provide the details

about the schedule.

Most activities also meet after school until 3:25 p.m., Tuesday through Thursday, with the exceptions

noted in the descriptions. Late buses are available, leaving at 3:30 p.m., for those who are eligible for bus

transportation.

Finally, new activities can be initiated if enough students are interested and can get a teacher sponsor.

You can meet with us to discuss the procedures.

Joining a club is a wonderful opportunity for you to continue your educational experiences at West Brook

School. This experience will also provide you with engaging social connections beyond the instructional

school day.

Beginning on the next page are descriptions of our clubs. Enjoy!

Dr. Spollen-LaRaia

Dr. Spollen-LaRaia

Principal

Larry Calenda

Mr. Larry Calenda

Vice Principal

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DESCRIPTION OF CLUBS

Art Club



Join the Art Club! Art club is available to all students looking to explore and experiment with various art materials in a fun and relaxing setting. Members of the art club will have a chance to engage in activities we would not have the opportunity to do during class time. Art club members will have the opportunity to create personal works as well as ones for the school.

Advisor: Mrs. Frangiosa

Club Meets: October - June: Wednesdays in the Art Room

Brain Busters



Bergen Brain Busters gives our middle school students the opportunity to compete in a challenging academic competition that allows them to use their academic ability and critical thinking skills to answer questions from all areas of the middle school curriculum. Two teams from each school compete in a series of playoff rounds. The teams with the highest scores from the playoffs will compete in the semi-final and final rounds. This club, like others, requires dedication and commitment through preparation and competition.

The club is open to any interested 6th, 7th and 8th grade students. 6th grade students benefit from the exposure of the trivia questions and procedures of the game. Only 7th and 8th grade students are eligible to compete in the competitions. There will be several try-outs throughout the year for club members to determine who will participate in the monthly meets.

Advisor: Ms. Skrezec and Mr. Roumantzas

Club Meets: October - June: Wednesdays after school in the Media Center

Grades 6-8

Cultural Connection



This club is open to all grade levels, and is for anyone interested in learning more about the diverse cultural backgrounds that make up our school community. Meetings are dedicated to activities that educate students about cultural issues, and our goal is to appreciate diversity while at the same time celebrating what we have in common as human beings.

Advisor: Ms. SanRoman & Mrs. Kim & Ms. Cachique Club Meets: October-May: After school until 3:30 PM.

Varies Tues., Wed., and Thurs. In room 26. See advisor for schedule

Math Counts



The Math Counts Club is sponsored by the National Society of Professional Engineers and its competition is designed to challenge middle school students and provide them with the opportunity to go "head-to-head" against their peers from other schools, cities and even states if they progress to the National Competition. Students involved with Math Counts work diligently with their peers and the club advisor solving challenging math problems as they prepare for the Regional Math Counts competition at Bergen Community College.

Advisor: Ms. Bussanich

Club Meets: October - June: Wednesdays after school in Room 22

Grades 6-8

REACT Club



The mission of REACT (Junior Rotary Club) is to promote goodwill, understanding and world peace through the active participation of its members, so that with committed citizenship and effective leadership, they may improve the quality of life throughout the world.

Advisor: Mrs. Goldman

Club Meets: Oct - June: Wednesdays after school in Room 57

School Musical



This club is open to students in all grades. There is a place for everyone who wants to be a part of this exciting and challenging group. Students who join the musical will have the opportunity to sing, act, and dance on stage. Non-performers may join as members of the Stage Crew, Tech Crew, Costume Crew, and Scenery Crew. Auditions for performers are held at the end of September. Students and their parents must sign a contract in which they agree to follow the rehearsal schedule and attend ALL rehearsals and performances. A tentative rehearsal schedule is provided before students audition for the show.

Advisors: Ms. DiFlora, Ms. Roccanova, Ms. Angderson

Club Meets: November-February Tuesday, Wednesday, and Thursdays from 3:30-5:00

PM in the Auditorium

School Musical/Backstage Support



This club is open to all grade levels. Its meetings and activities focus solely on constructing and creating the scenery and props for the West Brook musical as well as assisting with lighting and backstage support.

Advisors: Ms. Roccanova, Ms. DiFlora, Ms. Angderson

Club Meets: December-February Tuesdays, Wednesdays, Thursdays 3:30-5:00PM

Auditorium Grades 6-8

Student Council



The Student Council is the voice and decision-making organization for students. At regular meetings throughout the year, the students can make their voices heard through their representatives. The Student Council sponsors many school-wide activities, such as asset building, service learning activities, and fundraisers.

Advisor: Mrs. Smerdon & Mrs. Dowson

Club Meets: October-June: Thursdays during Homeroom in the Media Center

Respect Club





The Respect Club is an upper middle school group fostering an inclusive climate that celebrates our colorful student body. It promotes confidence and pride in what makes us richly diverse, such as ethnicity, race, gender, sexual orientation, physical abilities and religion. In this communal positive and safe space, students will explore general topics and plan school-wide educational events celebrating our diversity to encourage respect and support overall health and wellness.

Advisor: Mrs. Cirillo & Mr. Wolf

Club Meets-November-June- Tuesdays- 2:30-3:30 in the PD Room/Room 11

Grades: 7 & 8

School Newspaper



The School Newspaper club provides an opportunity for students interested in creative writing, art and business to put together a newspaper featuring school events.

Assignments include interviews and "covering" in-school and co-curricular events.

Advisor: Mrs. Burke & Mrs. Smerdon

Club Meets: October-June: Tuesdays after school in Room 9

Grades 6-8

Trep\$



TREP\$, short for enTREPreneur\$, is a project-based learning program that teaches kids how to start their own businesses. They learn the lessons in the after school workshops, and apply them at home as they build their businesses with the support of their families. The club ends with students selling their product at the TREP\$ Marketplace, held right at the school.

Advisors: Mrs. Frangiosa and Mrs. Rakowski

Club Meets: Tuesdays 2:30 to 3:30 in the Cafeteria

West Brook News



WB News Club

This club is available to all students. Join our awesome team to televise our school news and special events. Exciting positions are available in front and behind the camera. The action will take place in Room 36 on Tuesday and Thursday afternoons from 2:30 - 3:30. You can come on one or both of those days.

Advisor: Mrs. DiGirolamo & Ms. Kelly

Club Meets: November- June: Tuesdays & Thursdays Room 36

Yearbook Club



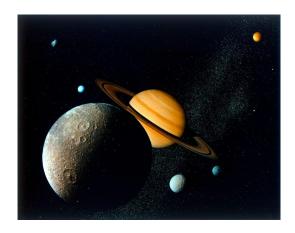
The Yearbook Club works on the production of a book that serves as a lasting memento of your years at West Brook. Work is done throughout the year both during and after school. Positions on the staff are open to any seventh or eighth grade student.

Advisor: Mrs. Van Vleet

Club Meets: November - June: Wednesdays after school in Room 8

Grade 8

Young Astronauts



This club will be of interest to those who enjoy science, especially rocketry and space. Young Astronauts will discover the principles of flight and apply this knowledge to building and launching their own rockets. We will also act as NASA engineers as we complete various design challenges.

Advisor: Mr. Roumantzas

Club Meets: November - June: Thursdays after school in Room 23

STEM



STEM is curriculum-based on the idea of educating students in four specific disciplinesscience, technology, engineering and mathematics- in an interdisciplinary and applied approach. Rather than teach the four disciplines as separate and discrete subjects. STEM integrates them into a cohesive learning paradigm based on real-world applications. Students will engage in project based learning incorporating science, technology, engineering and mathematics.

Advisors: Mrs. Dziob

Club Meets: Thursdays after school in the West Brook STEM classroom.

Flute Choir



The Flute Choir is a select group that is offered to accomplished flute players in grades 5-8. This ensemble will assist students in developing their tone, technique and sight-reading skills. It also provides an opportunity to play in a small ensemble setting.

The ensemble performs at the school concerts and community events.

Advisor: Mrs. Ahrendt

Club Meets: October - June: Thursdays after school in the Band room

String Ensemble



The WestBrook String Ensemble is an auditioned-based chamber orchestra that gives a select group of advanced string players the opportunity to perform challenging repertoire. They will improve in their skills such as sight-reading, harmonization and improvisation. This group performs in community functions as well as school concerts. Students must be enrolled in Orchestra in order to audition for String Ensemble.

Advisor: Mrs. Nimmo

Club Meets: October- June; Tuesdays after school in the Orchestra room

Jazz Ensemble



The Jazz Ensemble is a select group offered to students grades 5 through 8. The goal is to introduce students to the different types of jazz styles. Members will become familiar with jazz rhythms and articulations. The ensemble performs at the Winter Concert, Spring Select Concert and community events.

Advisor: Mrs. Ahrendt

Club Meets: October- June: Tuesdays after school in the Band room.

Select Choir



Select Choir is an auditioned choir for any students currently enrolled in 5-6 or 7-8 choir. Students are exposed to more difficult music, different groupings of voices, and are able to further their knowledge in the area of vocal music techniques. Students accepted into this choir will perform at various concerts and events throughout the school year.

Come out and audition!

Club Advisor: Mrs. Dugan

Meets: October-June: Wednesdays after school in the Vocal Music Room- Rm 53

Intramural Sports

Volleyball



Volleyball Club will give you the opportunity to learn volleyball skills, and implement them into game play. Students can come meet other students with similar interests. This is a good opportunity for students to move more, while having fun.

Advisor: Mrs. Scuilla & Ms. Rubinsky

Grades 5-8

Club Meets: October - June: Monday and Wednesdays after school in the gym

**There will be no Volleyball club on the 1st Monday of each month

Basketball



These separate programs are open to students who would like to sharpen their playing skills while competing on grade level teams. Games will be held after school from November through March.

Advisor: Mr. Goodman

This club will meet: November-March in the _____

Grades 5-6 meet Tuesdays

Grades 7-8 meet Thursdays

Floor Hockey



This program provides an opportunity for students to come and play hockey with other students. Students will play in a competitive team arrangement. Games are played in the gym after school.

Advisor: Mr. Hand & Ms. Rubinsky

Grades 5-8

Club Meets: November - June: Tuesdays and Thursdays After school in the Gym



- ❖ The room to which you report for the first meeting of the club will be included in the daily announcements.
- Club meeting days may change. Students will be informed of any changes in club meeting dates by club advisors.
- ❖ Any questions can be directed to the club advisors.